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Ontario Department of Education

SYLLABUS

OF

SUMMER COURSES AND EXAMINATIONS

FOR

Teachers' Certificates

IN

Physical Education

1936

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THE LEGISLATIVE ASSEMBLY OF ONTARIO

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ЖТИВРАИ

SUMMER COURSES and EXAMINATIONS FOR TEACHERS' CERTIFICATES IN PHYSICAL EDUCATION

1. Subject to such exemptions as may be granted by the Minister under these provisions, the work for the certificate in Elementary Physical Education may be completed in one Summer Course, that for the Supervisor's and Specialist's certificates in two Summer Courses.

Equipment

2. All women students in the Physical Education Course are required to wear the prescribed costumes in practice classes. The approximate cost of each costume and printed instructions concerning it will be given out at the opening of the course.

THE FOLLOWING ARE THE COURSES:

I. Course for Elementary Certificate (Public and High School).

Theory (For men and women):

(*a*) Principles of Health Instruction.
(*b*) Theory of Gymnastics.
(*c*) Outlines in Anatomy and Physiology.
(*d*) First Aid.
(*e*) Games and Athletics.
(*f*) Technique of Teaching.

Practice (For men):

(*a*) General Gymnastics—for junior High School grades or Elementary School.
(*b*) Games—games suitable for all school conditions.
(*c*) Swimming—land drill in crawl stroke, back stroke (frog kick), sculling; practice of these strokes in the water; swim sixty feet by any approved stroke.
(*d*) Teaching Practice.

Practice (For women):

(*a*) Gymnastics—for junior High School grades or Elementary School.
(*b*) Games—for junior High School grades or Elementary School.
(*c*) Dancing—for junior High School grades or Elementary School.
(*d*) Swimming—land drill in crawl stroke, back stroke (frog kick), sculling; practice of these strokes in the water; swim sixty feet by any approved stroke.
(*e*) Teaching Practice.

II. Course for Specialist's and Supervisor's Certificates.

The course will include the following subjects:

Theory (For men and women):

(*a*) Principles of Physical Education.

(*b*) Organization and Administration of Physical Education.

(*c*) Applied Anatomy and Kinesiology.

(*d*) Corrective Gymnastics—physical examinations; postural and physical defects; correction and treatment.

(*e*) Physiology of Exercise.

(*f*) Theory and Practice of Coaching.

Practice (For men):

(*a*) General Gymnastics—review of work suitable for junior grades; work suitable for senior grades, or Continuation School.

(*b*) Games—senior group and team games.

(*c*) Swimming—Bronze Medallion, R.L.S.S.; Honorary Instructor, R.L.S.S.; sufficient knowledge of various strokes for teaching purposes; sufficient knowledge of diving for teaching purposes; sufficient knowledge of stunt swimming for teaching purposes; water games and racing.

(*d*) Teaching Practice.

Practice (For women):

(*a*) Gymnastics—review work of Elementary course; advanced work suitable for senior grades, or Continuation School.

(*b*) Games—organization, coaching and refereeing of games.

(*c*) Dancing—advanced dancing technique; advanced folk, character, athletic and national dancing.

(*d*) Swimming—Bronze Medallion, R.L.S.S.; Honorary Instructor, R.L.S.S.; sufficient knowledge of strokes for teaching purposes; sufficient knowledge of diving for teaching purposes; sufficient knowledge of stunt swimming; water games and racing.

(*e*) Teaching Practice—teaching and supervision in all branches of the work with emphasis on original work.

Books of Reference:

Gymnastics:

Bjorksten: Principles of Gymnastics for Women and Girls, Parts I and II.

Bode: Expression Gymnastics.

Bukh: Fundamental Gymnastics.

Cotteral: Tumbling, Pyramid Building and Stunts.

Knudsen: A Testbook of Gymnastics.

Lippett: Manual of Corrective Gymnastics.

Lowman, Colestock and Cooper: Corrective Physical Education for Groups.

Rodgers: A Handbook of Stunts.

Schroeder: Handbook of Physical Education.

Syllabus of Physical Training (1933).

Wittich and Reuter: Exercises on the Apparatus, Tumbling and Stunts.

Games and Athletics:

Anderson: Basketball for Women.
Anderson: Tennis for Women.
Spaldings: Athletic Activities for Women and Girls, 115R.
Bancroft: Games for the Playground, Home, School and Gymnasium.
Frost and Cubberley: Field Hockey and Soccer.
Frost and Wardlaw: Basketball and Indoor Baseball for Women.
Frymir: Basketball for Women.
Frymir: Track and Field for Women.
Mason and Mitchell: Active Games and Contests.
Montgomery: Volleyball for Women.
Nielson and Van Hagen: Physical Education for Elementary Schools.
Palmer: Baseball for Women.
Robertson: College Athletics.
Staley: Games, Contests and Relays.

Dancing:

Burchenal: Folk Dances and Singing Games.
Burchenal: Folk Dances from Old Homelands.
Burchenal: Folk Dances of Denmark.
Burchenal: Dances of the People.
Scottish Country Dance Book. Pater's Publications Limited.

Swimming:

Canadian Y.M.C.A. Swimming, Diving and Life-Saving Manual.
Royal Life Saving Society Handbook.
Handley: Swimming and Watermanship.
Sheffield: Swimming Simplified.

Theory of Physical Education:

Bancroft: The Posture of School Children.
Bowen and McKenzie: Applied Anatomy and Kinesiology.
Fisher and Fiske: How to Live.
H'Doubler: Dance and its Place in Education.
Lea and Febiger: Physical Education Activities for High School Girls.
McKenzie: Exercise in Education and Medicine.
Mitchell: Intramural Athletics.
Morrison and Chenoweth: Normal and Elementary Physical Diagnosis.
Mulliner and McKenzie: Elementary Anatomy and Physiology.
Sherman: Introduction to Physical Education.
Wayman: Education Through Physical Education.
Williams and Brownell: The Administration of Health and Physical Education.
Williams: The Organization and Administration of Physical Education.
Wood and Brownell: Source Book in Health and Physical Education.

EXAMINATIONS

1. All candidates for the Elementary, Supervisor's or Specialist's certificate will be required to write one examination on the work covered in the lectures on theory—value 100. A minimum of 50 is required to pass.

2. The standing of candidates, so far as the practical tests are concerned, will be determined by the results of the sessional work, and the final practical tests. Fifty per cent of the marks will be assigned to the sessional and fifty per cent to the final tests—value 100. A minimum of 60 is required to pass.

3. Candidates who fail in the one subject of the written test or in one subject of the practical tests or who fail in the one subject of the written test and in one subject of the practical tests may complete their standing by passing in the subject or subjects concerned, at a subsequent examination without further attendance, unless they wish to attend a part of the summer session for refresher purposes in the practical subject concerned.

4. Candidates who pass the examination in theory but fail in more than one of the practical tests must repeat the course in all the subjects of the practical tests. If he fails in theory also, he must repeat the whole course.

SESSIONAL AND FINAL PRACTICAL TESTS

COURSES—I

For Women:

Gymnastics	100
Games	100
Swimming	100
Dancing	100

For Men:

Gymnastics	100
Apparatus	100
Games and Athletics	100
Swimming	100

COURSES—II

For Women:

Gymnastics	100
Games	100
Dancing	100
Swimming	100

For Men:

Gymnastics	100
Apparatus	100
Coaching of Team Games	100
Swimming	100
Track and Field Athletics	100

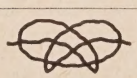
CERTIFICATES

1. Candidates who pass the prescribed examinations for the Public School Elementary Certificate will be granted Interim Certificates as teachers of Elementary Physical Education valid in a Public, Separate or Continuation School, provided they are otherwise qualified to teach in such schools.

2. Candidates who pass the prescribed examination for the High School Elementary Certificate will be granted Interim Certificates as teachers of Elementary Physical Education valid in a High School or Continuation School, provided they are otherwise qualified to teach in such schools.

3. Candidates who hold the Public School Elementary Certificate in Physical Education and who pass the prescribed examinations for the Supervisor's Certificate will be granted Interim Certificates as Supervisors of Physical Education valid in a Public, Separate or Continuation School, provided they are otherwise qualified to teach in such schools.

4. Candidates who hold the High School Elementary Certificate in Physical Education and who pass the prescribed examinations for the Specialist's Certificate will be granted Interim Certificates as Specialists in Physical Education.

5. A teacher holding a Public School Supervisor's Certificate, and who later becomes qualified to teach in a High School, must take the High School Specialist's Course in order to qualify for the High School Specialist's Certificate.

6. (*a*) Candidates who are exempt by medical certificate from taking swimming, and (*b*) candidates who have failed to obtain pass standing in swimming may obtain certificates as teachers of Physical Education endorsed "not including swimming."